



# 2022 Tour de Rocks Ride Schedule and Management Plan

Armidale to Georges Junction to Willawarrin to South West Rocks

20<sup>th</sup> – 22<sup>nd</sup> April 2023

Day 1 Thursday 20<sup>th</sup> April 2023 Armidale – Georges Junction 94 kms

Time	Item	Activity	Additional Notes for Participants		Logistics	Safety	Signage
5:30am	Registrations Commence.	All riders and supporters are required to sign waivers and receive identification wrist bands.	Registration desks will be at the rear carpark of the Armidale Ex Services Memorial Club.	Tables, Chairs, Forms, Stationery. Notice Board. Volunteers for registrations. Road Closures ACC. No parking in Armidale Ex Services Memorial Club car park.	All waivers to be signed. Peloton posted on Notice Board.	Mark Bullen to marshal riders. 2 Way radios and sat phone. Endy – lead car. Bill – rear car and bus. Motor bikes – Frosty, Bullo and Anthony Williams. St Johns Ambulance x 2. Mechanics Van with Signs.	Signage at start of Rockvale Road and 100 metres past Chandler Road warning motorists of cyclists on road on Thursday 11th April.  Signs to be placed 2 days before event.
6:30am	Welcome and Morning Briefing.	Combined Rider and Supporter briefing.	Coffee. Highland Band.	Stage, Power, Microphone, Flags and Tent. Coffee Cart.		Safety Briefing.	
7:00am	Registrations Close.						
7:00am	First Peloton departs for Wollomombi via Chandler and Kilcoy Roads.	Distance to Drink Station No 1 is 22 kms on sealed road.  From Drink Station No 1 to Wollomombi, travel a further 29 kms on formed gravel road and arriving at Wollomombi Village for morning tea.	Pelotons will be in teams or combination of teams and will be posted on the notice board on the morning of the ride.  Pelotons will be departing at approximately 5-minute intervals and shall remain in pelotons until the first drink stop at the Chandler Road turn.	Mark Bullen to Marshall. Police Escort. Highland Band.	Drink Stop with toilets at Chandler Road turn off.  Drinks and Toilets will be bought out from Armidale and taken back when complete.	Ambulance and TDR support vehicles to keep back from riders.	Collect signs from Chandler Road.
8:30am	Last Peloton departs.	Estimated time to Drink Station No 1 is 1.5 hours.  Estimated time to Wollomombi Village is 3.2 hours.		Pack tent and flags.			
8:30 – 9:00am	Supporters leave for Georges Junction.	Support vehicles are prohibited from following riders. Support vehicles are to travel via Waterfall Way to Wollomombi and then directly to Georges Junction.  Distance is 85 kms and travel time is approximately 1.75 hours.  Any Support vehicles that have not passed the Wollomombi Village turn off by 10:00am will not be able to proceed to Georges Junction until after the riders. This will mean an arrival at Georges Junction around 4:30pm.	Lunch will be provided for all supporters at Georges Junction from 12.00 pm.  It is expected that supports will arrive at Georges Junction as early as possible, set their own camp up and then offer to assist the catering team prepare lunch and then the evening meal. This is our big day; we will need as much assistance as possible.			Cyclists leaving for Georges Junction to be marshalled at Chandler School immediately prior to Waterfall Way.  Marshalls with 2-way radios to be stationed at signs to advise when road is clear.	Cyclists Ahead + Cyclists turning across road 200 metres ahead signs to be placed before Chandler School going east and before Old Kempsey Road heading west.  Signage to be placed on Old Kempsey Road 1 week prior indicating cyclists will be on the road.
10:30am	Estimated time for First Riders to leave Wollomombi Village.	Distance to Forestry Huts 22 kms for Lunch Break.  Estimated riding time is 1.5 hours.	A couple of steep pinches on this leg. Keep the fluids up.				



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20<sup>th</sup> – 22<sup>nd</sup> April 2023

Time	Item	Activity	Additional Notes for Participants		Logistics	Safety	Signage
11:30am	Last Riders leave Wollomombi Village.		Last Riders will arrive at Lunch around 1:30pm.	Pack catering equipment and follow to the Forestry Huts for lunch.	Collect signs from Waterfall Way.		
11:30 – 2:00pm	Lunch Stop at Forestry Huts.	Enjoy a well-earned break in the magnificent forest with the toughest part of the day over.	Have a good meal focused on the carbohydrates and keep the fluids up.		Toilets to be loaded and returned to Armidale.  Lunch gear to be loaded and taken to Georges Junction following riders.	Single file 23 kms downhill. Road open to traffic.	Hill signage: Keep Left, Single File, Slow Down, Oncoming Traffic.  Signs at the bottom –Cyclists descending 1:00pm – 3:00pm toady, next 23 kms.  Marshall at the bottom warning traffic of riders descending.
1:00pm	Estimated time for First Riders to leave Forestry Huts for Georges Junction.	Distance to Georges Junction 20 kms.  Riding time is approximately 1.5 hours.	As the "Big Hill" is one of our greatest safety risks, teams will depart again in the groups.		Bunch riders for decent leaving between 1:00pm and 2:00pm. Targeting being off the mountain by 3:00pm.  Riders in 4 groups behind marshal bike / car. Mark Bullen to marshal from 12:45pm.	Single file, keep left, ride within means.	
2:00pm	Last Riders leave Forestry Huts for Georges Junction.		Extreme caution required on rough roads and steep sections. Do not under any circumstances cross to the other side of the road as vehicles coming up the hill will not be able to see you. Please be careful.				
4:00pm	Last Riders arrive. at Georges Junction.	Sad Bus, Mechanics to follow assisting as required.					
5:30pm	Safety Committee Meeting.	Review day's events.				Shoes for swim in the river.	
6:00pm	Jersey Awards.	Daily Recognition Jerseys to be presented.					
6:20pm	Brief overview of Day 2.	10 mins on Day 2.			Remind supporters that they will need to have left Georges Junction before 7:45am to be ahead of the child riders.  Toilets to be cleaned the night before.		
6:30pm	Dinner.		Make sure you are eating well for the next day – plenty of carbs.				
7:30pm	Clean Up Camp Kitchen and prepare for Day 2.	Any assistance in the Camp Kitchen will be appreciated after the enormous effort by the catering team to provide 400 meals.			Roster for assistance with chores.		

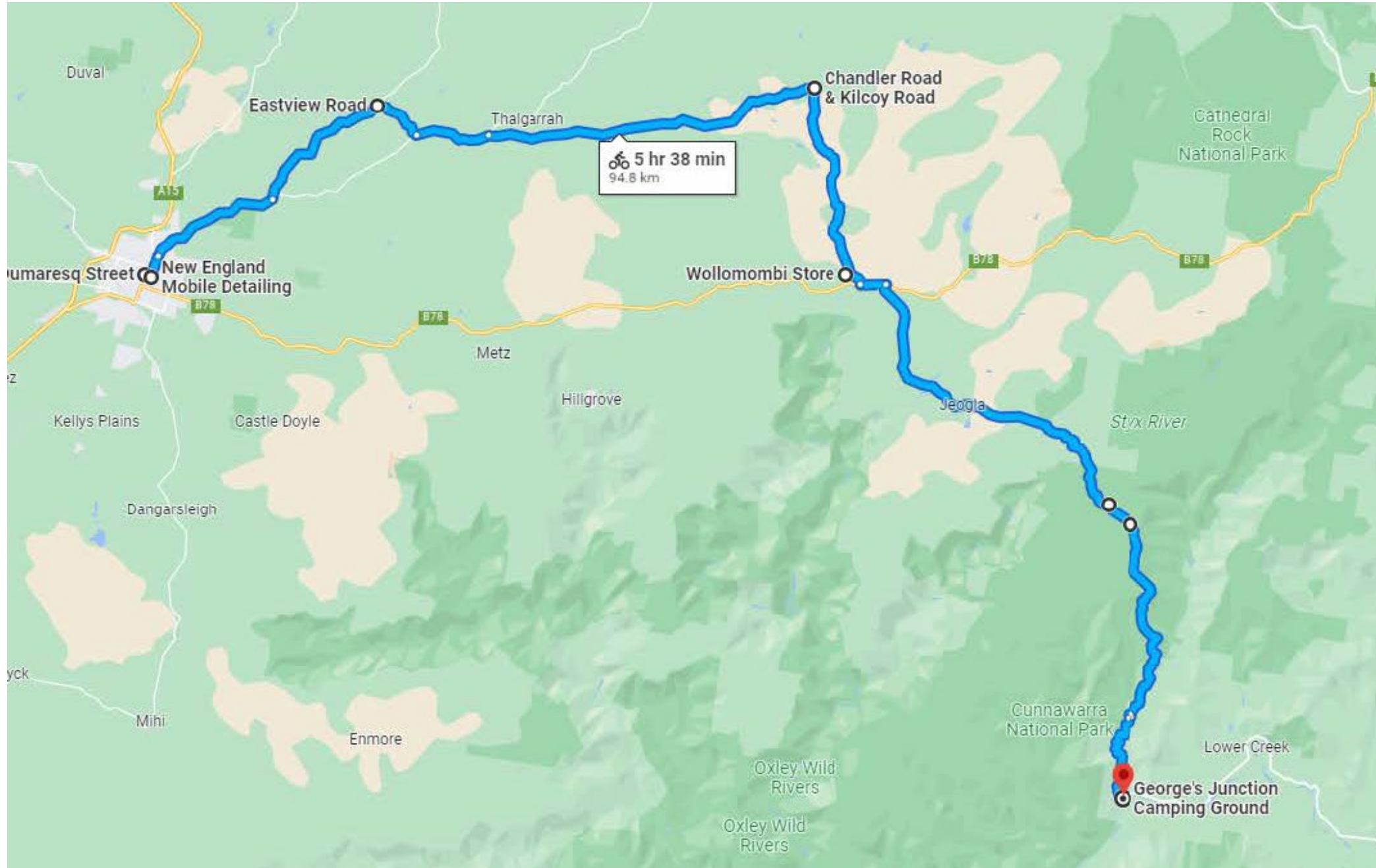


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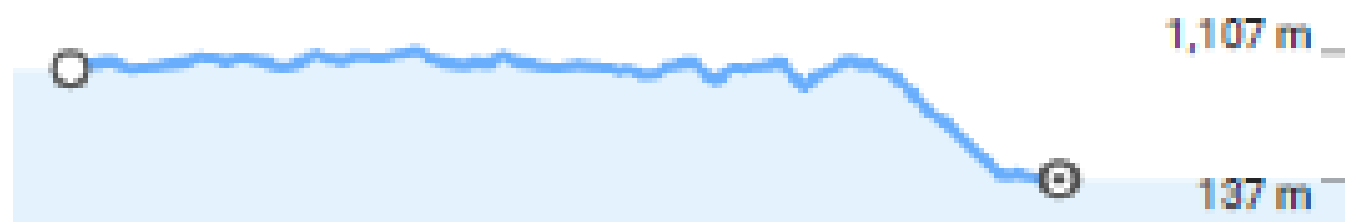
## Armidale to Georges Junction to Willawarrin to South West Rocks

20<sup>th</sup> – 22<sup>nd</sup> April 2023

Day 1 Thursday 20<sup>th</sup> April 2023 Armidale – Georges Junction 94 kms



1,098 m - 1,936 m





# 2022 Tour de Rocks Ride Schedule and Management Plan

Armidale to Georges Junction to Willawarrin to South West Rocks

20<sup>th</sup> – 22<sup>nd</sup> April 2023

Day 2      Friday 21<sup>st</sup> April 2023      Georges Junction - Willawarrin      80 kms

Time	Item	Activity	Additional Notes for Participants		Logistics	Safety	Signage
6:30am	Breakfast.	Continental breakfast served. Stock up on carbs in cereals, toasts, and jams.	Keep drinking.				
7:30am	Morning Briefing at Information Tent.	Outline the days ride, including road conditions and safety advice.		Catering crew to leave early for Blackbird Flat.			
8:00am	First wave of Supporters and Catering Teams leave.		Real need for supporters to assist with packing up the catering equipment and getting them ahead of the riders today to ensure they have sufficient time to prepare the breaks and meals for us on the road ahead.				
8:00am	Child Ride Commences.	Georges Junction to Blackbird Flat 26 kms.  Estimated 2 hours arrive at 10:00am.	Child Riders must be accompanied by a parent / guardian.  TdR support vehicle will accompany.				Cyclists on Road 8:00am – 1:00pm Friday 12 <sup>th</sup> April.  Signs between Bellbrook and Georges Junction.
9:00am	Adult Riders Leave.	Georges Junction to Blackbird Flat along banks of Macleay River.  Estimated riding time is 1.5 hours, casual formation.	Keep to left hand side of roadway.		Camp packed up, water truck back up the hill, flat top, tent, and C to C equipment.  Toilets strapped onto car trailers and taken to Bellbrook and then additional drink stop before Willawarrin, and then onto Willawarrin.		
10:15am	Second wave of Supporters leave Georges Junction for 20-minute drive to Blackbird Flat.	Supporters leave and arrive for morning tea at Blackbird Flat. If Supporters catch any riders, they are not to pass and must remain behind the escort vehicles.			Catering Crew to leave for Bellbrook to prepare lunch.		
10:00am	Morning Tea Blackbird Flat	Enjoy the river views and refuel for the couple of steep pinches on the next section.	Keep drinking.				
10:30am	Supporters leave for Bellbrook.	Important that all supporters and vehicles have left before the riders will be marshalled for departure.					
11:00am	First Riders leave Blackbird Flat for Bellbrook.	Distance 20 kms.  Estimated riding time is 1.5 – 2 hours.	Enjoy the magnificent Macleay River.			Several steep sections.	Cyclists on Road 8:00am – 1:00pm Friday 12 <sup>th</sup> April.  Signs between Bellbrook and Georges Junction.



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20<sup>th</sup> – 22<sup>nd</sup> April 2023

Time	Item	Activity	Additional Notes for Participants		Logistics	Safety	Signage
12:30 – 1:30pm	Lunch Bellbrook.	Lunch will be available in the grounds to the east of the cabins.	Be sure to call in and see Michelle at the Bellbrook Shop, or Dane at the Bellbrook Hotel and a swim in the river.  The owner of the shop has allowed us to use the grounds / power and water at the cabins for lunch, please support her little shop.		Marshalls, Toilet and Drink Stop leave Bellbrook for designated gate.  Prepare for riders arriving around 2:00pm.  Riders will leave Bellbrook from 1:00pm in small groups.  Gate openers will be on duty for approximately 3 hours.		TDR Arrow signage on intersections.
1:15pm	Supporters leave for Willawarrin.		Supporters will arrive at the Willawarrin Showground around 2:00pm and establish camp and assist catering team – if required.		Check both amenities are open and hot water is on.		
1:00pm	First Riders leave for Willawarrin.	Distance 33 kms.  Estimated riding time is 2 – 3.5 hours.	Riders will leave heading west over the Bellbrook Bridge via Toose Road and travelling along the southern side of the Macleay River until crossing again via Toorooka Road turning right back onto the Old Kempsey Road and into Willawarrin.		5 gates to be manned, opened, and stock movements controlled.  Bus will pick up marshals.  Additional Drink and Toilet break. Toilets on a trailer at one of the gates.	Cars required at intersection of Old Kempsey Road and Tarooka Road. One marshal required.	
3:00 – 4:30pm	Riders arrive at Willawarrin Showground.						
5:30pm	Safety / Logistics Committee Meeting.	Review day's events.					Signage to be placed for following day.
6:00pm	Jersey Awards.	Daily Recognition Jerseys to be presented.					
6:20pm	Brief overview of Day 3.	10 minutes on Day 3.					
6:30pm	Dinner.	Dinner at Willawarrin Showground.					
7:30pm	Clean up Camp Kitchen and prepared for Day 3.	Any assistance in the camp kitchen will be appreciated.	Willawarrin Hotel opens for business with traditional entertainment.				

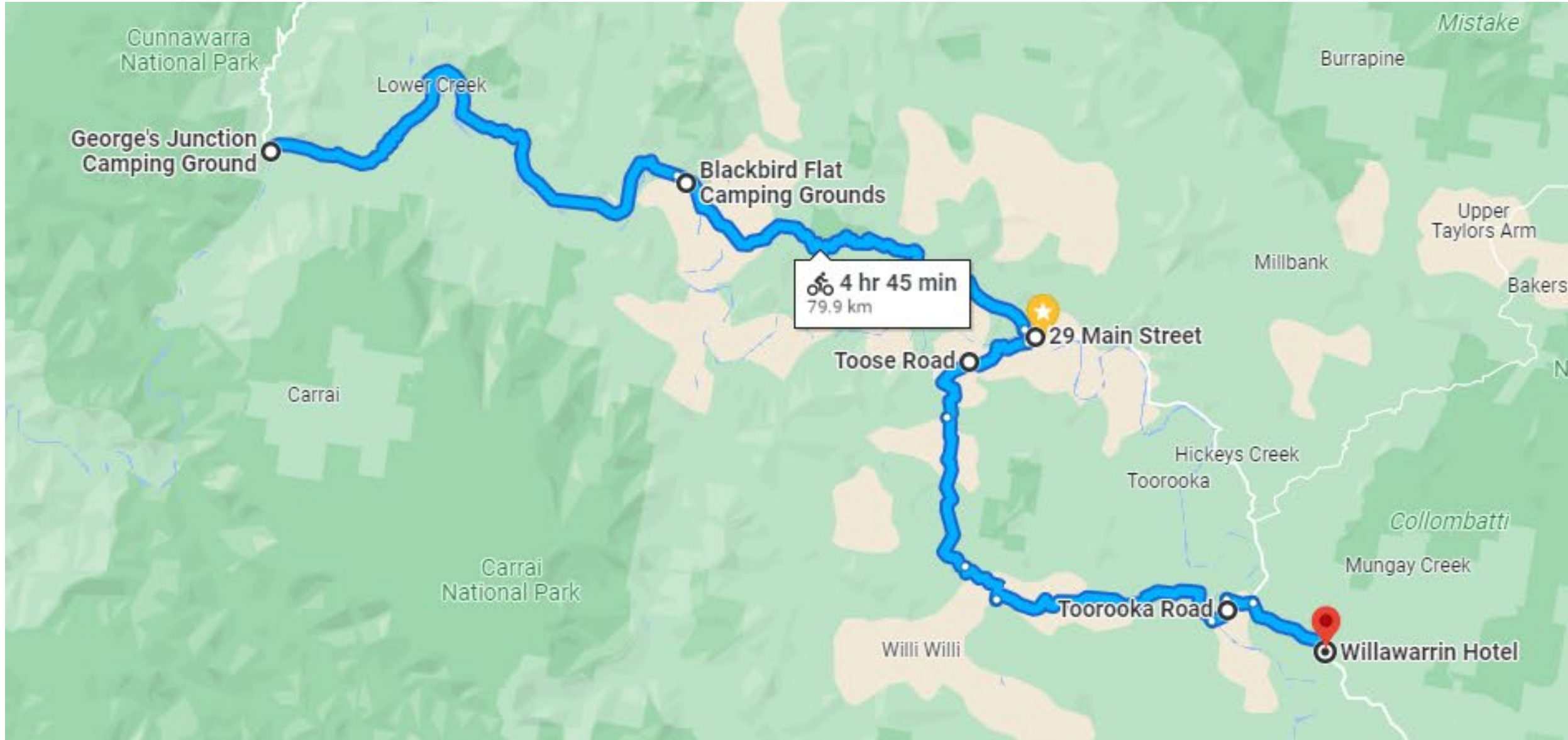


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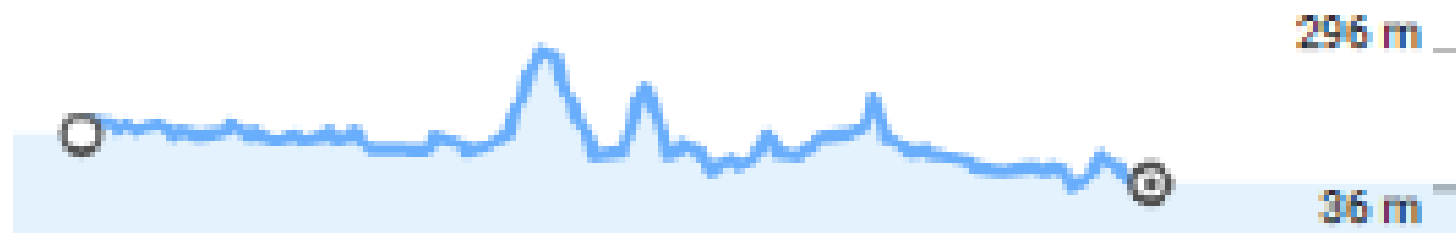
Armidale to Georges Junction to Willawarrin to South West Rocks

20<sup>th</sup> – 22<sup>nd</sup> April 2023

Day 2      Friday 21<sup>st</sup> April 2023      Georges Junction - Willawarrin      80 kms



803 m - 896 m





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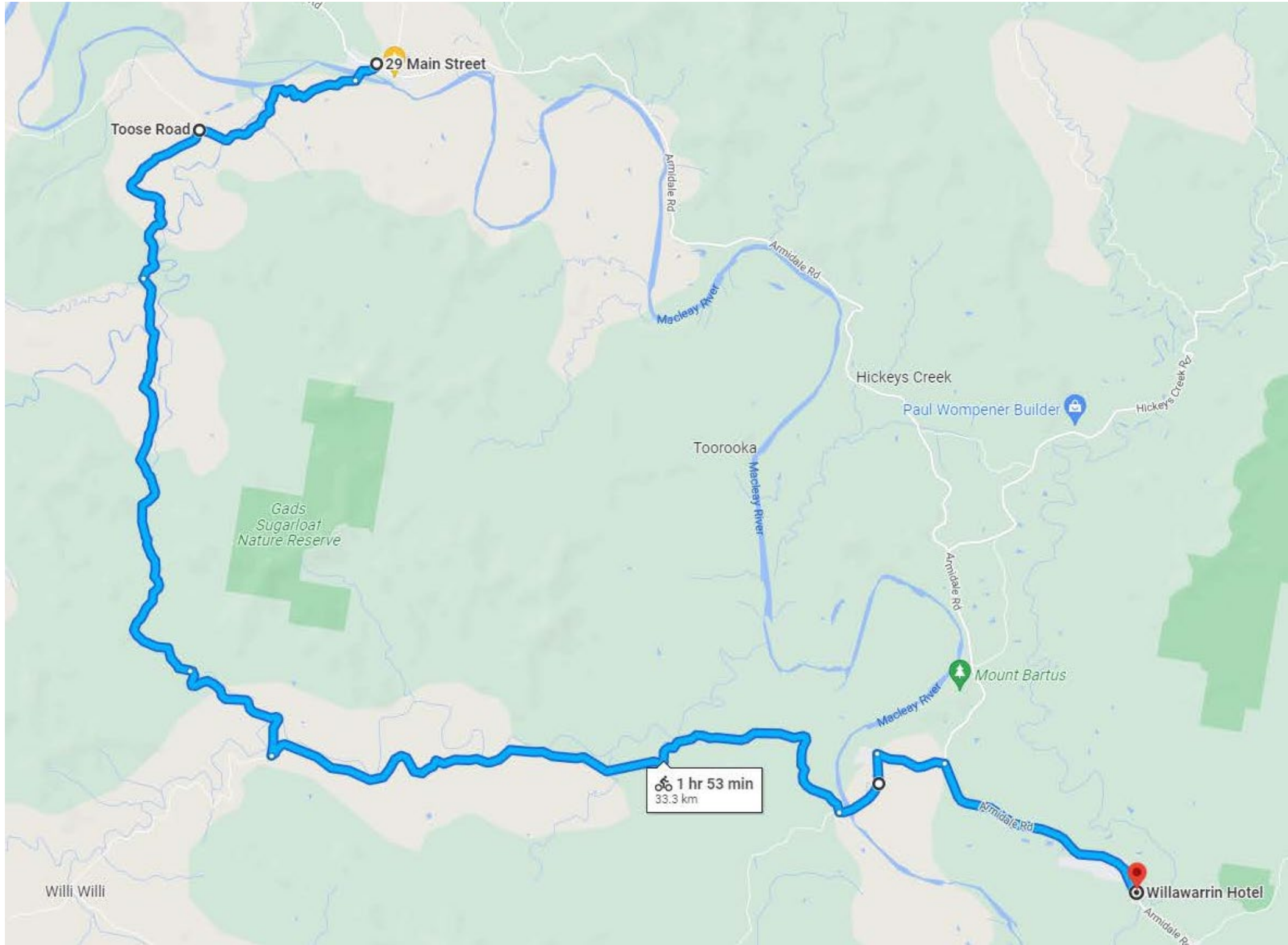
Armidale to Georges Junction to Willawarrin to South West Rocks

20<sup>th</sup> – 22<sup>nd</sup> April 2023

Day 2

Friday 21<sup>st</sup> April 2023

Detail Bellbrook to Willawarrin





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Armidale to Georges Junction to Willawarrin to South West Rocks

20<sup>th</sup> – 22<sup>nd</sup> April 2023

Day 3 Saturday 22<sup>nd</sup> April 2023 Willawarrin – South West Rocks 83 kms

Time	Item	Activity	Additional Notes for Participants		Logistics	Safety	Signage
6:00am	Breakfast.	Continental breakfast served. Stock up on carbs in cereals, toasts, and jams.	Early start to manage traffic conditions between Kempsey and South West Rocks.				
6:30am	Morning Briefing at Information Tent.	Outline the days ride, including road conditions and safety advice.	Rides will ride in Pelotons from Willawarrin to South West Rocks.				
7:00am	First Peloton departs Willawarrin for Riverside Park, Kempsey.	<p>Pelotons will depart at 5 min intervals and be required to ride in pelotons for the first 7 kms until turning right onto Temagog Road where riders will cross the Macleay River and travel on the southern side until 34 kms where the river will be crossed again via Sherwood Road.</p> <p>Distance 47 kms.</p> <p>Estimated riding team 3 – 4 hrs.</p>	<p>Pelotons are required to observe road rules and not to allow traffic to bank up behind. Captains to communicate clearly as to singles and when to pull over.</p> <p>Riders may ride free from Temagog Road.</p> <p>Extreme care required when turning across Old Kempsey Road and when riding into Kempsey.</p>		<p>Pelotons to marshal in original teams in from of the Willawarrin Hotel.</p> <p>Slower teams to leave first.</p>	<p>Marshals required at Temagog turn as riders will be turning across the flow of traffic.</p> <p>Briefing to include instructions on turning right across traffic paying particular attention to cars back and ahead.</p>	<p>Signage required both east and west approaches to Temagog Road.</p> <p>TdR Arrow signage.</p>
8:30am	Last Riders to leave Willawarrin.	Last Riders will be selected as quicker riders that will make time up into Kempsey.	Please nominate if you would like to start earlier at Willawarrin.				
9:30 – 11:30am	Morning Tea at Riverside Park Kempsey.	<p>Comfort stops and fuel.</p> <p>35 kms to go probably without a stop.</p> <p>Make sure the tank is full.</p>	Enjoy the park on the banks of the Macleay River.				Signage on SWR Road, Kempsey and South West Rocks.
10:00am	First Riders to leave for South West Rocks.	Those riders ready to go will be marshalled and sent as they are ready to the Bridge walkway where bikes must be dismounted and walked across the bridge.	<p>Back on the bike and 35 kms to ride to the finish – all flat.</p> <p>Pelotons must now ride all the way to South West Rocks in single file at the pace of their slowest rider. Make sure the slowest is protected within the bunch.</p> <p>Keep the fluids up and Captains call for comfort stops.</p> <p>If a peloton catches up, you are to stop and let them pass with a reasonable gap.</p> <p>Pelotons must not combine as it extends the line and makes it more difficult for traffic to pass.</p> <p>Pelotons are not to allow traffic to build up behind.</p>				





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Time	Item	Activity	Additional Notes for Participants		Logistics	Safety	Signage
9:00am	Supporters leave Willawarrin for South West Rocks.	Very important that supporters wait until 9:00am and then head straight for South West Rocks.  The supporters will take an alternative route from that of the riders from Kempsey to South West Rocks to avoid congestion and danger on the South West Rocks Road.	See the Supporters Maps provided. Supporters' directions: Approaching Kempsey at 27 kms turn left into North Street, cross Kemp Street proceed along Second Lane onto Macleay Valley Way. Proceed to Fredericktown and onto Pacific Highway. Do not take the Smithtown exit to South West Rocks. Proceed to next exit at 47 kms turn right into Plummers Lane. You will join the South West Rocks Road at 57 kms ahead of all riders.				
11:30am	Last Riders leave Kempsey.						
10:30am	Supporters arrive in South West Rocks.	Supporters and Catering Crew arrive in South West Rocks and prepare lunch.					
1:30pm	Last Riders arrive South West Rocks Headland.				There is 16 kms of dirt. This will take its toll on the weaker riders. Be prepared to assist / pick up slower riders.		
1:30pm	Team Captains Meeting.	Team Captains to confirm all riders have arrived safely.					
1:30 – 2:30pm	Lunch and Celebration.	Enjoy lunch on the Headland as we reflect on what we have achieved.					
3:00 – 5:00pm	Final pack up.				Clean and pack all equipment. Food to go back with F&R Cool Rooms.		

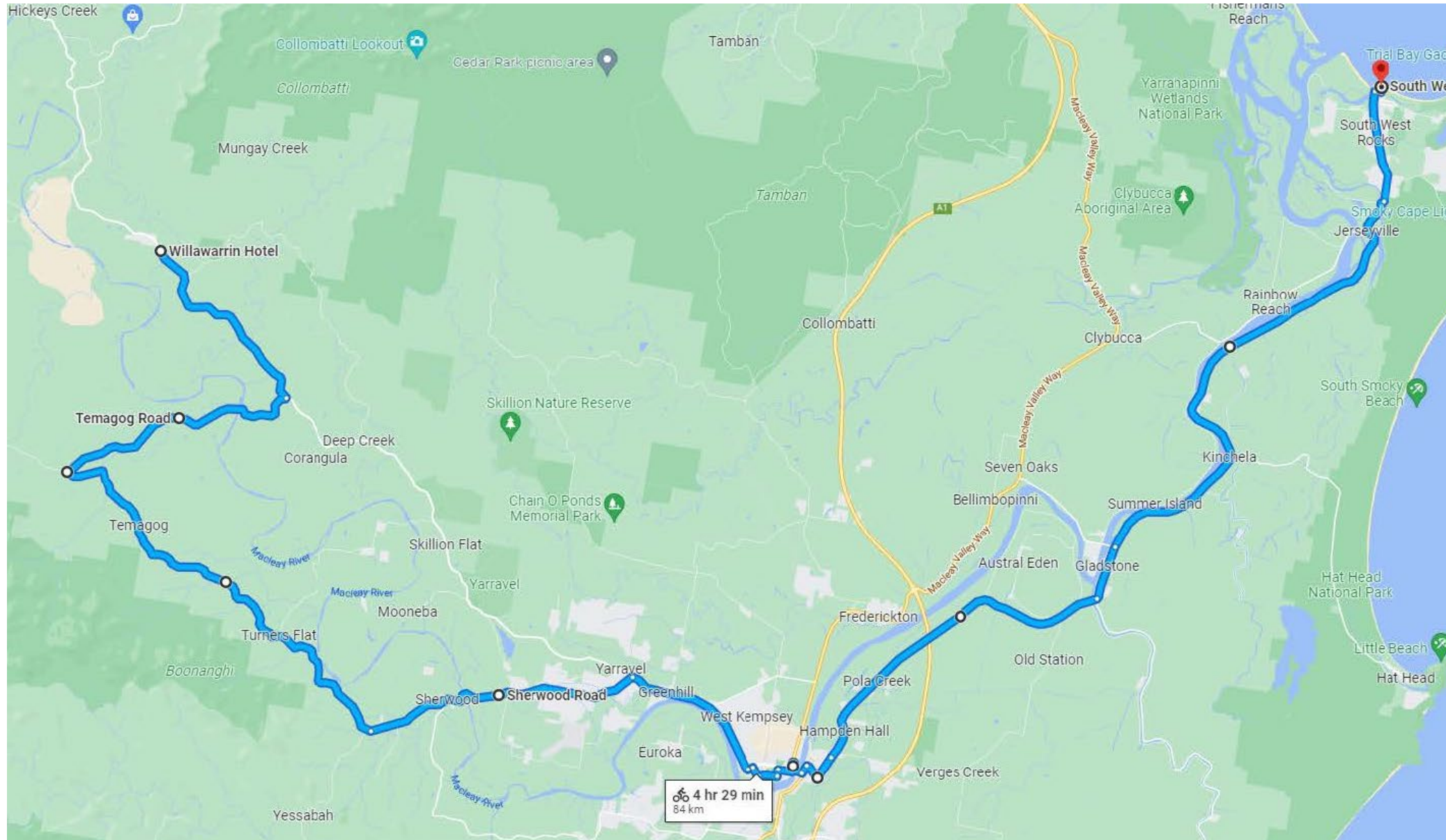


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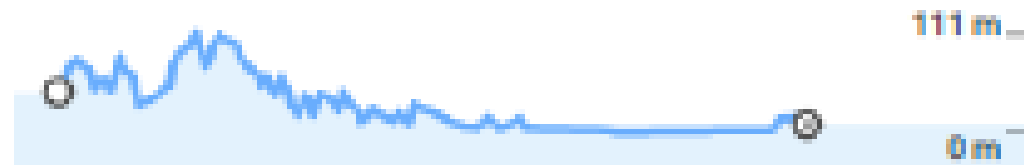
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20<sup>th</sup> – 22<sup>nd</sup> April 2023

Day 3      Saturday 22<sup>nd</sup> April 2023      Willawarrin – South West Rocks      83 kms



396 m · 432 m





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20<sup>th</sup> – 22<sup>nd</sup> April 2023

Day 3

Saturday 22<sup>nd</sup> April 2023

Detail through Kempsey

